

GLUTEN FREE BREAKFAST

Since 2008

Full English

Smoked chicken sausage, smoky bacon, scrambled egg, beans, mushrooms, roasted vine toms, hash brown & GF toast

£14.80

Low Carb

Smoked chicken sausage, smoky bacon, scrambled egg, mushrooms & roasted vine toms

£12.00

**** Grilled & roasted, not fried ****

Veggie Full English (V)

2 vegan Lincolnshire sausages, scrambled egg, beans, hash brown, mushrooms, roasted vine toms, GF toast & a pot of jam

£14.80

Vegan Full English (Vg)

Lincolnshire sausage, Plant based smoked bacon, scrambled tofu, beans, avocado, hash brown, roasted vine tomatoes & GF toast

£14.80

Scrambled Egg on Toast (V)

Three eggs scrambled, roasted vine tomatoes & GF toast

£10.00

Chilli Cheese Egg (V)

Three eggs scrambled, melted cheddar, piquante peppers, jalapenos, chilli flakes, roasted vine tomatoes & GF toast

£12.00

LIGHTER BITES

Breakfast Roll

Smoked chicken sausage & fried egg on a GF roll

£7.30

Avocado Toast Topper (V)

GF toast topped with guacamole, avocado, feta, vine ripened tomatoes, walnuts, olive oil & cracked black pepper

£10.00

Veggie Breakfast Roll (V)

Vegan Lincolnshire sausage & fried egg on a GF roll

£7.30

Beans on Toast (V)

Baked beans on GF toast

£6.60

Vegan Bacon Sandwich (Vg)

Plant based smoked bacon on GF

£7.50

Bacon Roll

Smoked bacon on a GF roll

£6.00

(Add fried egg + £1.50)

ADD-ONS

Chicken Sausage

£2.50

Smoked Streaky Bacon

£2.00

Vegan Sausage (Vg)

£2.00

Avocado 1/2 (Vg)

£2.00

Grilled Halloumi (V)

£4.00

Baked Beans (Vg)

£1.50

**** Please order & pay at the counter ****



Scan for
Allergy &
nutritional
information

Please inform your server of any allergies or intolerances before placing your order. Not all Ingredients are listed on the menu and we cannot guarantee the total absence of allergens from our kitchen.

Our kitchen handles gluten containing ingredients. Cross contamination is possible and we cannot guarantee that any dish is completely free of gluten. Customer with severe gluten allergies should exercise caution.

GLUTEN FREE LUNCH

Since 2008

SOUP, TOASTIES & CLUB SANDWICHES

Soup of the Day (V)

Freshly made & served
with a gf roll

£7.30

SOUP & TOASTIE DEAL

Any toastie & a bowl of our freshly
made soup of the day

£10.60

New Yorker Toastie

Mature cheddar, Pastrami,
gherkin & mild mustard

£7.30

Cheese & Tom Toastie (V)

Mature cheddar & vine ripened
tomatoes

£6.60

Chicken Chipotle Toastie

Mature cheddar, chicken, smoky
bacon, tomatoes & chipotle sauce

£7.30

Tuna Melt Toastie

Mature cheddar, tuna flakes, mayo
& paprika

£7.10

Club Sandwich

Triple stacked on GF toast, chicken, ham, cheese,
guacamole, tomato, leaves, mustard & mayo

£9.90

Veggie Club Sandwich (V)

Triple stacked on GF toast, Quorn ham, cheese,
guacamole, tomato, leaves, mustard & mayo

£10.90

SALADS

Halloumi & Avocado (V)

Grilled halloumi, avocado, tomatoes, cucumber,
piquante pepper, pomegranate & walnuts

£11.00

Cajun Chicken & Tuna Salad

Cajun chicken breast, tuna, boiled egg, edamame
beans, cucumber, tomatoes & mixed leaves

£10.00

Dressings

French, Honey mustard or Olive oil balsamic

BAKED POTATOES

All served with garden salad & French dressing

Cheddar & Beans (V)

£9.00

Tuna Mayo

£9.50

Coleslaw & Cheddar (V)

£9.00

Chicken & Avocado

Plus mayo

£10.50

Cottage Cheese & Piquante Pepper (V)

£9.00

Grilled Halloumi (V)

£4.00

SIDES & ADD-ONS

Golden Veg Rice (V)

£4.00

Cajun Spiced Fries (Vg)

£4.00

Sliced Chicken Breast

£3.00

Sweet potato Mash (V)

£4.00

SOMETHING SWEET ?

Maple flapjack (Vg) - £4.25

Almond Brownie (V) £4.25

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